

EXAMPLE SMSC, PSHEe & SEAL, RE Curriculum Map

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Year 1 SEAL theme	New beginnings A3, A4, A8, B2, B3, B10, D1, D4, D8, D9	Getting on and falling out A3, A4, D2, D6, D7, D8, D11 Say no to bullying A3, A4, D4, D5, D9, D10	Going for goals A8, A10, D8, D12	Good to be me A3, A4, A8, D8, D14	Relationships A3, A4, D2, D11, D14	Changes A6, A8, C3
Whole School SEAL Theme	New beginnings Behaviour policy- revisit with children	Getting on and falling out Anger management- recognising the physical effects of anger Peaceful problem solving Say no to bullying Anti-Bullying Week (Nov)	Going for goals Celebrate achievements	Good to be me Relaxation techniques- yoga, exercise  Anger management- calming down techniques.	Relationships Language of feelings  Loss and bereavement	Changes Transition
Whole School	Citizenship & pupil voice School Council Elections Negotiating class charter/ rules. Rights, responsibilities and rules.  Learning to Learn Skills Keeping safe	Anti-Bullying Week  Remembrance Day (Nov) Children in Need (Nov)	Keeping safe Safer Internet Day E-Safety Week (February 2014) Check the objectives with Simone	Citizenship (Diversity) Global education week(Apr)  Environment Tidy School Week (Apr). Developing school environment.	Financial Enterprise: My Money Week (June) Citizenship	Being healthy and keeping safe Road Safety Walk to school week(May) Sun Safety Being healthy and keeping safe Water Safety Assembly  Being healthy and keeping safe

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	E-safety lessons					Sports Day- healthy lifestyle
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Year 1 PSHEe	<p><u>Learning To Learn Week Class Rules/Charters/Pupil Voice</u></p> <p><u>Can I explain my likes and dislikes?</u></p> <p>I can tell you about my likes and dislikes.</p> <p>I can listen well to other people when they are talking.</p> <p>I can tell you what the signs are that someone is listening.</p> <p><u>Can I explain my strengths and how I learn?</u></p> <p><u>Can I work with my friends to make the classroom a place where we can all</u></p>	<p><u>Medicines</u></p> <p><u>Can I explain what a medicine is and the safety rules related to medicines?</u></p> <p>I know what goes onto my body</p> <p>I can identify whether something that goes into my body can be harmful</p> <p>I know that all medicines are drugs.</p> <p>I know why medicines are taken.</p> <p>I know about some of the medicines and substances that are absorbed through the skin</p> <p>I know how medicines are taken.</p>	<p><u>Going for Goals</u></p> <p><u>Can I share my strengths?</u></p> <p>I can say something positive about myself.</p> <p><u>Can I set my own goals and explain how I am going to reach them?</u></p> <p>I can choose a realistic goal.</p> <p>I can break a goal down into small steps.</p> <p>I can predict and understand the consequences of reaching my goal</p> <p><u>Can I value the achievements of others?</u></p> <p>I can help another person feel proud.</p>	<p><u>Similarities and differences (Global Citizenship Week)</u></p> <p><u>Can I identify and respect similarities and differences between people?</u></p> <p>I know that there are different types of families and I know which people I can ask for help</p> <p>I know the people who are important to me.</p> <p>I can tell you what being a good friend means to me.</p> <p>I can identify special people in my life;</p> <p>I can demonstrate some of the skills</p>	<p><u>Enterprise Week: Money management</u></p> <p><u>Can I explain how money is used in real life?</u></p> <p>I know that money is used to trade and I am beginning to understand how money is used.</p> <p><u>Can I develop empathy and a caring attitude for others e.g. family and peers?</u></p> <p>I understand that being unkind and hurting someone doesn't make me feel better</p> <p>I know how to make up with a friend when</p>	<p><u>Health and Fitness Week</u></p> <p><u>Can I explain how we keep healthy e.g. eating, exercise and hygiene?</u></p> <p>I know how to keep clean and look after oneself (keeping clean)</p> <p>I understand what it means to be healthy;</p> <p>I can identify some things I eat and drink, and some activities I do which help to keep me healthy</p> <p><u>Can I recognise safe and unsafe situations?</u></p> <p>I recognise safe and</p>
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	<p><u>learn?</u></p> <p>I feel good about my strengths          I can tell you about my gifts and talents          I know we learn in different ways.          I can tell you some of my strengths as a learner.          I can resist distractions.          I can learn from my successes          I can tell you how I learn best          I can tell you something that makes me feel proud          I know different ways that help me to learn to do things.</p> <p>I can help make my class a good place to learn.          I know what I have to do myself to make the classroom and school a safe and fair place for everyone.</p>	<p>I know simple rules for taking and storing medicines.</p> <p><u>Anti-Bullying Week</u></p> <p>I can talk about a situation I thought was unfair;          I can sometimes tell if other people are feeling sad or scared and I know how to make people feel better.          I know when I am starting to feel angry          I know what happens on the inside and the outside of my body when I start to get angry.          I can tell when I am feeling proud          I can tell when I am feeling worried or anxious</p> <p>I can tell when I am proud or jealous</p>	<p>I can feel proud on behalf of my friends when they have done something well.</p> <p>I understand that personal qualities lead to achievement and are not related to ethnicity or gender.</p> <p><u>Keeping safe</u>  <u>Safer Internet Day</u>  <u>E-Safety Week</u>  <u>(February 2014)</u></p> <p>Can I explain how to keep safe when using a computer?</p> <p>I understand the importance of only using Internet sites I know of.</p> <p>I know not to give away any personal information on the Internet.</p>	<p>needed to make and maintain friendships;</p> <p>I can describe why certain people are special to me, I can describe my own family circumstances and I can describe different ways that families can show they care for each other.</p> <p>I know that I belong to a community</p> <p>I know that I belong to various groups and communities.</p>	<p>we have fallen out.</p>	<p>unsafe situations and know some basic rules for keeping safe.</p> <p><u>Can I explain how to keep safe in and out of school?</u></p> <p>I know the rules for crossing the road safely.          I know what to do when I am lost.</p> <p>I know what to do if someone hurts themselves in the playground.</p> <p>I can explain how rules help keep us safe</p> <p>I can describe a situation where I would need adult help;</p> <p>I can identify 'safe' people in my community that I can ask for help.</p>
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	<p>I know what the school council is and can talk about things I would like to change at school.</p>	<p>I can tell you something that has made me jealous.</p> <p>I understand that being unkind and hurting someone doesn't make me feel better.</p> <p>I know that when you feel sad, it affects the way you behave and how you think.</p>				<p>I can tell you five people who I can talk to if I am upset or worried.</p> <p>I know who can help me best when something is wrong. e.g., dentist for toothache.</p>
<p>Year 1 RE - A Journey of Discovery</p> <p>36 hours per year</p>	<p>My world</p>	<p>Christingle Christmas</p>	<p>The bible/ old testament/ Moses in the Bulrushes</p> <p>Stories Jesus told</p>	<p>Palm Sunday</p>	<p>The Jewish Home and Kashrut (Kosher)</p>	<p>The local church</p>
<p>Science</p>	<p>I can describe and carry out basic hygiene routines, using soap, toothpaste and shampoo correctly</p> <p>I can describe how to look after particular parts of my body &amp; I can explain why it is important to keep clean.</p> <p>I know how people grow and change</p> <p>I can tell you how I might change in the future.</p> <p>I know that some changes are natural and happen 'by themselves'.</p> <p>I know that human have babies that grow into children and then into adults</p> <p>I can tell you what I can do now that I couldn't do when I was a baby.</p> <p>I understand what it means to be healthy;</p> <p>I can identify some things I eat and drink, and some activities I do which help to keep me healthy</p> <p>NSPCC PANTS -safe guarding -inappropriate touching etc.</p> <p>See link to SRE policy for outline of Healthy Living Clips (policy outlines the clip numbers and length of time each section should be watched)</p>					







