

Seaford Primary School



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Dear Parents/Guardians,

As part of our science curriculum and the new statutory Health and Relationships education, throughout Term 6 we will be teaching the children about the changes that will occur in their bodies as they grow.

These RSHE lessons will be taking place from the week beginning Tuesday 7th June 2022. The areas to be covered in Year 1 are:

- Understanding the lifecycles of humans and animals
- Understand that changes happen as we grow and that this is ok
- Identify how my body has changed since I was a baby
- Discuss some things about me that have changed and some things that have stayed the same
- Understand that growing up is natural and that everyone grows at different rates
- Identify and correctly name the parts of the body, including the private parts
- Understanding why we respect our body and which parts are private
- Understand every time we learn something new we change a little bit
- Identify that we enjoy learning new things
- Discuss changes that have happened in our lives and how we may cope with changes in the future
- Transition support as we move into our new year groups

Please be assured that this topic will be taught appropriately and sensitively and form part of both Science and RSHE. However, parents/guardians have the right to discuss and/or withdraw from specified areas of the curriculum. This must be done via consultation with one of the RSHE subject leaders (Mrs Roderick or Miss Robards). Please note this discussion must be had before Friday 27th May.

Thank you for your support.

Mrs Roderick and Miss Robards



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