

# Seaford Primary School



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16<sup>th</sup> May 2022

Dear Parents/Guardians,

As part of our science curriculum and the new statutory Health and Relationships education, throughout Term 6 we will be teaching the children about the changes that will occur in their bodies as they grow.

These RSHE lessons will be taking place from the week beginning Tuesday 7<sup>th</sup> June 2022. The areas to be covered in Year 4 are:

- Understanding that personal characteristics come from birth parents and that this happens because of the joining of their egg and sperm.
- Appreciate that I am a truly unique human being.
- Correctly identify the internal and external parts of male and female bodies that are necessary for making babies.
- Understand that having a baby is a personal choice and express how I feel about having children when I am an adult.
- Describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this.
- Have strategies to help me cope with the physical and emotional changes I will experience during puberty
- Identify what I am looking forward to when I move to a new class.
- Reflect on the changes I would like to make next year and describe how to go about this.

We will be using the Jigsaw animation materials to teach these areas. These videos are of animated body parts in picture form, using biological terminology. Should you wish to view these videos before the sessions are taught, you must contact Mrs Roderick ([tanyar@seafordprimary.e-sussex.sch.uk](mailto:tanyar@seafordprimary.e-sussex.sch.uk)) before 20<sup>th</sup> May, to confirm your attendance and book an appointment.

Please be assured that this topic will be taught appropriately and sensitively and form part of both Science and RSHE. However, parents/guardians have the right to discuss and/or withdraw from specified areas of the curriculum. This must be done via consultation with one of the RSHE subject leaders (Mrs Roderick or Miss Robards). Please note this discussion must be had before Friday 27<sup>th</sup> May.

Thank you for your support.

Mrs Roderick and Miss Robards



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