



Subject:

Year Group	Knowledge *non-negotiable knowledge highlighted in green	Skills *non-negotiable knowledge highlighted in green	Vocabulary	Inspirational people/events	Club/visit/experts
R	Term 1: I can tell you what children, including me, need to feel safe and happy.	I can tell when I'm feeling upset or angry and I can do the right thing about that.			
	Term 2: I can tell you how I am the same and how I am different and I can explain why I feel proud of who I am.	I know how to cheer my friends up when they are upset.			
	Term 3: I know what my dreams and goals are.	I can talk about what I need to do to achieve my dreams and goals and how I can help others believe they can achieve theirs.			
	Term 4: I can describe what a safe and healthy lifestyle is, including diet, exercise, hygiene and keeping myself and others safe.	I can say what exercise I do, what good things I eat, what I do to make sure I don't spread germs and how I keep myself safe.			
	Term 5: I can explain what it means to be a good person	I can show you how you should behave towards others in order to make them feel safe and cared for.			
	Term 6: I can tell you what changes happen as we grow from being a baby to being an adult	I can discuss with my classmates and teachers about the changes between Reception and Year 1 and what we can do to help us feel happy about the changes.			
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